

Secret One - Self Awareness - Week Four
Law of Attraction



Understanding the Law of Attraction

Complete the following after watching the video:

The Law of Attraction can be likened to a

What I attract into my life is in direct harmony with my

I create my life through my

A great tool to help me begin to challenge and change my thoughts is.....

The three things I need to do to begin to change my thoughts and feelings are:

1.....

2.....

3.....

*'Life is
only as
good as
your
mindset'*

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Law of Attraction notes:

(Use this space below for your reflections on understanding the law of attraction)

*'Master
your
mindset
and you
master
your life'*

What I would love to think and feel about myself and life: