

Self Immolation/ Self Love - Week Seven



When have you trusted in Life/God/Universe before and then felt let down because things didnt go to plan?

When have you felt guided or looked after in your life?

Do you sense guidance on your life journey? (Repeating numbers, white feathers, seeing things 3 times. chance meetings and synchronicity)

Let go and trust the universe!

*'I have a plan,
do you trust
me? Love the
universe'*

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The 50-/50 TRUST and FLOW way!

TRUST = Confidence, expectation, faith, assurance and certainty
 FLOW = Abundance, ease, peace and harmony

Which area in ,LIFE?	How does this situation require You to lean back and trust and LET GO to bring you into FLOW AND TRUST?	How does this situation require you to LEAN IN and STEP UP to bring you into FLOW AND TRUST?

'I trust that the universe will bring me the right people and circumstances into my life at the right time'

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YOUR SOUL STATEMENT
LETTER TO SELF

*"Be open to it
being way
better than you
ever imagined"*